The three priorities for Bedroom lighting are to deliver overall brightness through **general lighting**, create functionality with **task lighting**, and provide a visually appealing space with **accent lighting**. In order to accomplish this task, you should incorporate these three layers of lighting into your space.

You may need one or several types of light fixtures in a room, depending on the layout, size, aesthetic and space available. Here is a checklist of lighting types to consider for a properly lit bedroom:

### General Lighting
**PROVIDES LIGHTING FOR EVERYDAY ACTIVITIES**

1. **Recessed Lighting**
   - Housing & Trims
2. **Close-to-Ceiling Lighting**
   - Flushmounts & Semi-Flushmounts
3. **Dimmers, Controls & Wall Plates**

### Task Lighting
**FOCUSED ILLUMINATION TO ACCOMPLISH SPECIFIC TASKS SUCH AS READING**

4. **Directional Spotlights**
5. **Swing Arm Wall Sconces**
6. **Dimmers, Controls & Wall Plates**

### Accent Lighting
**HIGHLIGHTS A SPECIFIC AREA CREATING A FOCAL POINT OR TO SET A MOOD**

7. **Chandeliers**
8. **Wall Sconces**
9. **Pendants**
10. **Table Lamps**
11. **Floor Lamps**
12. **Console Lamps**
13. **Picture & Light Display**
CHOOSING THE RIGHT LIGHT

The Right Bulb

**INCANDESCENT**
Recognizable as the “standard” light bulb, with electricity heating a tungsten filament enough to produce visible light.
- Dimmable: Fully dimmable
- Average Life: 1,500 hours

**HALOGEN**
Energy efficient and warm light. Halogen bulbs are actually incandescent lighting with their energy savings.
- Efficiency: At least 25% more efficient than standard incandescent
- Dimmable: Fully dimmable, just like standard incandescent
- Average Life: 1,000 hours

Like Halogen, Xenon and Krypton bulbs are also energy efficient incandescent bulbs. Xenon doesn't get as hot as Halogen, and can be a better option in tight or enclosed lighting fixtures.

**FLUORESCENT**
Energy efficient bulbs are available in a wide variety of types, and have improved accuracy in how they render color, so everything looks more natural and alive.
- Efficiency: About 75% more efficient than standard incandescent
- Dimmable: Not always dimmable (check the bulb’s label)
- Average Life: 8,000 hours

**LED**
LED bulbs are fast becoming the coolest light bulb of them all—literally, as they emit almost no heat and they thrive in cold locations.
- Efficiency: At least 75% more efficient than standard incandescent
- Dimmable: Dimmable options and LED-compatible dimmers available
- Average Life: 25,000 plus hours

Color Temperature

The color temperature indicates the relative color that a light source has. It is measured on the Kelvin temperature scale. Light sources with warm light are lower in color temperature, usually around 2700-3000K. Light sources with white light (daylight) are usually around 3000-4000K. Light sources with cooler blue light are higher in color temperature, usually 4000K and over.

Switches & Controls

Light dimmers offer flexibility in that area in-between, giving you just the right level of brightness as dictated by a given situation or desired mood. When choosing a dimmer, keep in mind:
- Incandescent or a Halogen Lamping that is 120 Volts will use a standard dimmer switch.
- Halogen Lamping that is 12 Volts (low voltage) will need an electronic low voltage dimmer or a magnetic low voltage dimmer depending on the transformer.
- Integrated LED fixtures need to indicate that they are dimmable. Often they will use an electronic low voltage dimmer, but please refer to manufacturers spec sheet.
- CFL Lamping is rarely dimmable and can be a fire hazard.